

Open 7 Days



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We do Catering!



THE COMPLETE CORPORATE & PRIVATE CATERING SERVICE

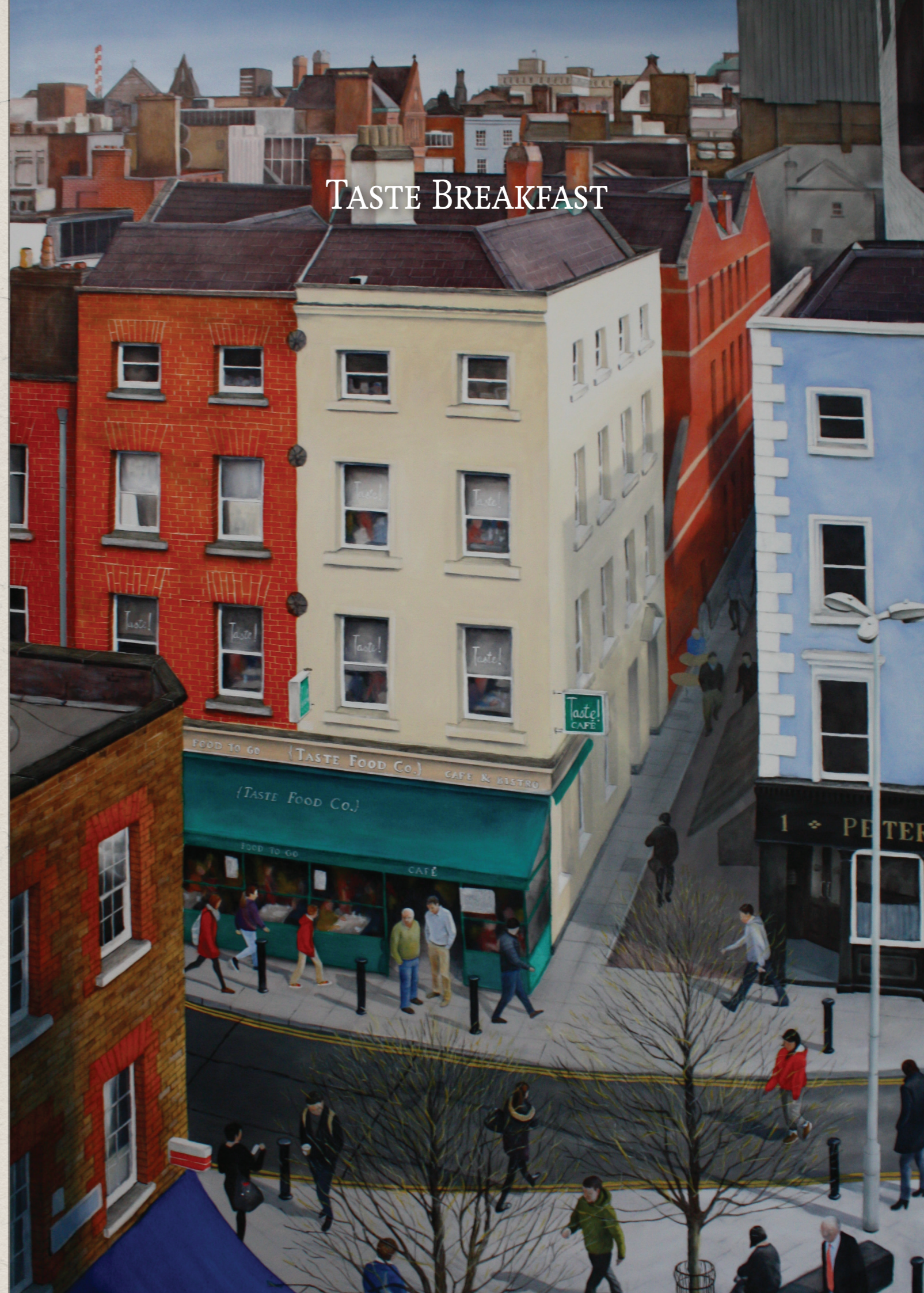
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WIFI PASSWORD

tastecafe1



TASTE BREAKFAST

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EGGS YOUR WAY

FREE RANGE EGGS

TWO EGGS & TOAST €8

TWO EGGS & TOAST & BACON €10

Choose your Eggs: Poached, Fried or Scrambled (1, 3 Milk, 10)
Choose your Toast: Sour Dough, House made Brown soda or gluten free bread (7 Wheat)

EGGS BENEDICT

English muffin topped with free range poached eggs, and house made hollandaise sauce

FLORENTINE €14

With sautéed spinach. (1,3 milk, 7 wheat, 10)

CLASSIC €14

With bacon. (1,3 milk, 7 wheat, 10)

ROYALE €16

With fresh smoked salmon on house made brown soda bread. (1,2,3 Milk, 7 wheat, 10)

IRISH €16

With Clonakilty black pudding & bacon. (1,3 Milk, 7 wheat, oats, 10)

SMASHED AVOCADO & POACHED EGG SPECIALS

SMASHED AVOCADO & PEANUT RAYÚ €14

With mushrooms, poached free-range eggs on sour dough. (1, 6, 7 wheat, 11, 14 peanuts)

SMASHED AVOCADO & PICO DE GALLO €14

With spinach, poached eggs on house made brown soda bread (1, 3 milk, 7 wheat)

SMASHED AVOCADO & SMOKED CHORIZO €16

With poached eggs, peanut rayú, mushroom, sweet potato, guacamole & sour dough (1, 3 Milk, 6, 7 wheat, 10, 11, 14 peanuts)

HOT BREAKFAST

FULL BREAKFASTS

TASTE FULL BREAKFAST €14

Two sausages, bacon, beans, mushroom, Clonakilty black pudding, free range egg & toast. (1, 7 wheat, oats, 10)

MEGA BREAKFAST €16

Two Sausages, two bacon, free range egg, mushroom, Clonakilty black pudding, beans, hand cut potato wedges and toast. (1, 7 wheat, oats, 10)

GLUTEN FREE FULL €14 OR MEGA €16

Gluten free sausages, loughnane's gluten free black pudding & gluten free multi seed bread. Please note "These may take a little longer as they need to be cooked separately (1, 10, 11)

TASTE BREAKFAST CROQUES

All served on sour dough with tomato relish, cheddar & mornay sauce.

CROQUE MONSIEUR €10

With sausage & bacon. (3 milk, 7 wheat, 8, 10)

CROQUE MADAME €12

With sausage, bacon & fried egg. (1, 3 milk, 7 wheat, 8, 10)

BAKERY

FRESHLY BAKED TODAY

TOAST €3

Choose from sourdough, house made brown soda, or gluten free Raspberry jam or marmalade (3 milk, 7 wheat)

SCONES (1, 3 milk, 7 wheat)

Berry scone with butter & jam €4

Berry scone with berry compote & whipped cream €5

PASTRIES (1, 3 milk, 7 wheat)

Croissant with butter & jam €4

Pain au Chocolat €4

HOT BREAKFAST

VEGETARIAN OR VEGAN

VEGETARIAN BREAKFAST €16

Toonsbridge halloumi, mushroom, sweet potato with cashew crunch, guacamole, spinach, tomato, free range egg & toast (1, 3 milk, 5 cashew, 6, 7 wheat, 9,10,11)

VEGAN SPECIAL €16

Portobello mushrooms & peanut rayu on chewy sour dough with spinach, guacamole, sweet potato & slow roast tomato. (6, 7 wheat, 11, 14 peanuts)

PANCAKES OR FRENCH TOAST

Served with a condiment box with organic maple syrup, Nutella, salted caramel. (1, 3 milk, 5 hazelnuts, 7 wheat, 10)

PANCAKES €10 / WITH STREAKY BACON

OR BERRY COMPOTÉ & SOFT SERVE ICE CREAM €12

FRENCH TOAST €12 / WITH BACON

OR BERRY COMPOTÉ & SOFT SERVE ICE CREAM €14

Gluten Free French Toast Available on request

JUICES & SMOOTHIES

FRESHLY SQUEEZED JUICE €4

Choose from orange or Pressed apple juice

FRESHLY MADE SMOOTHIES €6

Very berry or strawberry. (3 Milk) Dairy free if required.

CLEAN & GREEN €6

Apple juice, avocado, kale, lime & mint

ALLERGEN KEY

PLEASE NOTE THAT WHILST WE TAKE EVERY CARE WE CANNOT GUARANTEE THE ABSENCE OF AN ALLERGEN FROM ANY DISH ORDERED.

1. Egg & Products thereof
2. Fish & Products thereof
3. Dairy & Products thereof
4. Shellfish & Products thereof
5. Nuts & Products thereof
6. Soybeans & Products thereof
7. Wheat (gluten) & Products thereof
8. Mustard & Products thereof
9. Celery & Products thereof
10. Sulphites
11. Sesame Seeds & Products thereof
12. Lupin & Products thereof
13. Molluscs & Products thereof
14. Peanuts & Products thereof

PLEASE NOTE OF OUR BREADS ONLY BROWN SODA CONTAINS DAIRY

HEALTHY BOWLS

FRESH FRUIT BOWLS

FRESH FRUIT AND BERRY SELECTION €8
Served with low fat yoghurt (3 milk) & berry compote

HOUSE MADE GRANOLA & FRESH BERRIES €9
(3, 5 pecan, almonds, 7 oats, 11)

Served with low fat yoghurt (3 milk) & berry compote

GRANOLA, BANANA & DARK CHOCOLATE €9

Served with low fat yoghurt (7 oats, 5 pecan, 14 almonds)

SMOOTHIE BOWLS

Thick blended smoothies With Banana, Fresh Orange Juice & Natural Yoghurt, Very Berry or Strawberry
Ask server for dairy free if required.

MORNING BOWL €12

Topping : Shaved coconut, melon, pineapple, grapes, granola. (3 Milk, 5 pecans, almonds 7 oats, 10, 11)

BERRY BOWL €12

Topping : Banana, mixed berries, granola, chia seeds. (3 Milk, 5 pecans, almonds 7 oats, 10, 11)

PORRIDGE BOWLS

Made with oat milk and a blend of organic porridge oats & quinoa.

Served with honey, cinnamon sugar & maple syrup

ORGANIC PORRIDGE €6 (7 oats)

SUPER PORRIDGE & BERRY COMPOTE €8
(5 pecans, almonds, 7 oats)

Topped with mixed berries, nutty granola & shaved coconut

CHIA CHOCOLATE PORRIDGE €9

(5 pecans, almonds, 7 oats)
Topped with chia seeds, nutty granola, grated dark chocolate (70%)

BANANA & TOASTED NUT PORRIDGE €9

(5 pecans, almonds, 7 oats, 10, 14)
Topped with Banana, peanut butter, nutty granola

EXTRAS - ADD TO ANY HOT MAIN ORDER - NOT SOLD INDIVIDUALLY

ADD EXTRAS €2

SUSAGE / BACON / BEANS / EGG / FLAT MUSHROOM / SLOW ROASTED PLUM TOMATO / BLACK PUDDING

ADD EXTRAS €3

SAUTÉED SPINACH / SCRAMBLED EGG / SMOKED CHORIZO
DIPS: GUACAMOLE / PEANUT RAYU (SPICY) & CASHEW CRUNCH

ADD EXTRAS €5

HAND CUT POTATO WEDGES OR SWEET POTATO FRIES